

Parent and Tot Bus Trip Preschool Halloween Pumpkin Hunt

Westview Orchards in Romeo (ages 18 months - 5 years with parent)
Bring your preschooler ages 18 months to 5 years to a special Halloween celebration geared for this active age. The trip will include a petting zoo, pumpkin hunt, and hayride. A donut and cider are included. The trip will proceed rain or shine.

Fee includes round-trip transportation from the Community Center and is escorted by Recreation Department personnel. Children must be accompanied by an adult. **Parents must purchase a ticket also. Refund requests on the day of the trip will NOT be granted.**

Act#	Date	Time	Fee	Res Disc
142215A	Fri, Oct 9	9:30 am - 12:30 pm	\$18	\$16

Parent /Tot Amazing Art

This enjoyable and educational art class is for the preschool child 2 ½-5 years who likes to try a variety of things. Fun tactile project choices will range from fabric art, to wood crafts, bead and wire work, mixed media, painting, pottery projects and more. Dress for mess! Tools and materials provided by instructor. Material fee of \$18 due to instructor first class.

Instructor: Jeannette Pugliese **Weeks:** 6
Location: Troy Community Center

Session I: Fall and Halloween theme projects plus other crafts.

Session II: Thanksgiving, winter and Christmas theme projects plus other crafts.

Act#	Day	Dates	Time	Fee	Res Disc
142223C	Fri	9/18-10/23	10:15-11 am	\$60	\$55
142223D	Fri	11/6-12/18	10:15-11 am	\$60	\$55*

*no class 11/27

Preschool Pottery

New This class is for youngsters 3½ - 6 and emphasizes creativity and enjoyment of handmade pottery. The projects range from functional ware to sculpture. Various glazing techniques will be explored. Parents may create along side their child for an additional full cost fee, but adults may NOT attend alone. Class is limited to a small group of 8 or less to insure quality personal attention. Tools and materials provided by instructor. Dress for mess and bring a hand towel to each class. Material fee of \$20 due to instructor first day of class. Pottery pick up date separate.

Instructor: Jeannette Pugliese **Weeks:** 6
Location: Troy Community Center

Session I: Fall and Halloween themed projects.

Session II: Thanksgiving, winter and Christmas themed projects.

Act#	Day	Dates	Time	Fee	Res Disc
142223E	Sat	9/19-10/24	9:30-10:15 am	\$60	\$55
142223F	Sat	11/7-12/19	9:30-10:15 am	\$60	\$55

Preschool Amazing Art

This enjoyable and educational art class is for the older preschool child 3 ½- 6 years who likes to try a variety of things. Fun tactile project choices will range from fabric art, to wood crafts, bead and wire work, mixed media, painting, pottery projects and more. Class is limited to a small group of 8 or less to ensure quality personal attention. Dress for mess! Tools and materials provided by instructor. Material fee of \$18 due to instructor first day.

Instructor: Jeannette Pugliese **Weeks:** 6
Location: Troy Community Center

Session I: Fall and Halloween theme projects plus other crafts.

Session II: Thanksgiving, winter and Christmas theme projects plus other crafts.

Act#	Day	Dates	Time	Fee	Res Disc
142223G	Tue	9/15-10/20	10-10:45 am	\$60	\$55
142223H	Fri	9/18-10/23	9:15- 10 am	\$60	\$55
142223J	Tue	11/3-12/7	10-10:45 am	\$60	\$55*
142223K	Fri	11/6-12/18	9:15- 10 am	\$60	\$55*

*No classes 11/25-28



Terrific Toddlers - ages 2-3

These 30 minutes of continuous safe and effective activities taught by a certified youth fitness instructor from Stretch-n-Grow are designed to maintain your toddler's interest. We'll explore, push, pull, and be introduced to music and movement while at the same time developing their motor skills and spatial awareness. *This is a toddler only class.* With that in mind, children should be able to separate from their caregiver at the door without distress as well as be able to follow basic one-step instructions.

FitKid! - ages 3-5

This safe and fun class is taught by Stretch-n-Grow certified youth fitness instructors. Different activities will be used to focus on preschoolers gross motor skills, balance, resistance flexibility and more. Types of activities may include: ropes, hoops, relays, sports games, different forms of dancing, and creative games. Start today to teach your child the importance of a healthy lifestyle!

Location: Troy Community Center **Day:** Mondays
Instructor: Stretch-n-Grow staff

Act#	Class	Dates	Time	Fee/Res Disc
142105A	Toddlers	9/14-10/19	9-9:30 am	\$47/\$42
142105B	FitKid!	9/14-10/19	9:35-10:20 am	\$53/\$48
142105C	Toddlers	10/26-11/30	9-9:30 am	\$47/\$42
142105D	FitKid!	10/26-11/30	9:35-10:20 am	\$53/\$48

Coach Dave Classes

Sports Starters: ages 3-5

Your kids will love this first introduction to sports such as soccer, football, volleyball, tee-ball, kickball and more! Toddlers will learn sports fundamentals such as throwing, catching, kicking and running with easy-to-understand instruction and silly games. Our nurturing coaches will make sure your kids have a positive and fun learning experience. Wear tennis shoes and bring a water bottle.



Parent & Tot Fun Fitness Zone: ages 2 ½ - 4 ½

This creative play program teaches children a variety of active games, exercises, musical activities, and imaginative stretches as they learn to play with you and other children. All activities are designed to keep you and your child moving, interacting and having fun. Join Coach Dave for giggles! One adult must participate with each child.

Kiddie Sports: ages 4 - 6

Introduce your kids to the world of sports. Coach Dave instructs the basics of the following sports: soccer, tee-ball, basketball, floor hockey, volleyball, and kickball. We'll also play some silly games. Our class emphasis is on effort, cooperation and teamwork to make this a positive learning experience. (Children must be potty-trained.)

Instructor: Leisure Unlimited, Coach Dave and staff

Location: Troy Community Center Gym

Fee: \$70; Res Disc-\$65

Session: Sept 9-Oct 14 (6 weeks)

Act#	Class	Day	Time
141051A	Parent and Tot	Wed	9:30 - 10:15 am
141051B	Sports Starters	Wed	10:30 - 11:30 am
141051C	Kiddie Sports	Wed	1-2 pm

Session: Sept 19-Oct 24 (6 weeks)

141052A	Kiddie Sports	Sat	9 - 9:50 am
141052B	Sports Starters	Sat	10 - 10:50 am
141052C	Sports Starters	Sat	11 - 11:50 am

Session: Oct 28-Dec 9 (6 weeks -no class Nov 25)

141051D	Parent and Tot	Wed	9:30 - 10:15 am
141051E	Sports Starters	Wed	10:30 - 11:30 am
141051F	Kiddie Sports	Wed	1 - 2 pm

Session: Oct 31-Dec 12 (6 weeks - no class Nov 28)

141052D	Kiddie Sports	Sat	9 - 9:50 am
141052E	Sports Starters	Sat	10 - 10:50 am
141052F	Sports Starters	Sat	11 - 11:50 am



Musical Tippy Toes

with dynamic interactive songs and dance

Join Miss Sandy as she excites and delights you and your child with dynamic, interactive songs and dance. This parent-tot class has a lot to offer!

We will immerse ourselves into the world of music and movement as we learn songs, rhymes, chants, hopping, twirling and spinning while having fun with the music you and your children have come to love. Puppets, scarves, parachutes and MANY other fun and exciting props will help heighten your child's learning experience.

Location: Troy Community Center

Session I: September 16-October 21

Act #	Ages	Day	Time	Fee	Res Disc
141065A	12-19 mos	Wed	4:30-5:15 pm	\$65	\$60
141065B	19-24 mos	Wed	5:30-6:15 pm	\$65	\$60
141065C	24 mo-4yr	Wed	6:30-7:15 pm	\$65	\$60

Session 2: October 28 - December 9 (no class November 25)

Act #	Ages	Day	Time	Fee	Res Disc
141066A	12-19 mos	Wed	4:30-5:15 pm	\$65	\$60
141066B	19-24 mos	Wed	5:30-6:15 pm	\$65	\$60
141066C	24 mo-4yr	Wed	6:30-7:15 pm	\$65	\$60

Busy Hands

Parent & Tot Class

These mini classes are for youngsters ages 2 ½ -5 ½ years and a parent to create their own extraordinary arts and crafts projects together. Textures and sensory perception will be explored while enhancing their large and small motor skills. Fee includes all supplies. Dress for mess. Please note: no refunds after 1st class.

Instructor: Jeannette Pugliese

Location: Troy Community Center

Fee: \$18 Res Disc: \$16

One Entire Session: \$64 Res: \$56

Act #	Day/Dates	Project	Time
142224A	Thu, 9/17	Placemats	6:30-7:30 pm
142224B	Thu, 9/24	Fall Wreath	6:30-7:30 pm
142224C	Thu, 10/15	Halloween Jewelry	6:30-7:30 pm
142224D	Thu, 10/22	Halloween Decorations	6:30-7:30 pm
142224E	9/17-10/22	All four	6:30-7:30 pm

Act #	Day/Dates	Project	Time
142224F	Thu, 11/5	Pilgrim hats	6:30-7:30 pm
142224G	Thu, 11/19	Turkey Sculpture	6:30-7:30 pm
142224H	Thu, 12/3	Jingle Bell Art	6:30-7:30 pm
142224J	Thu, 12/17	Christmas gifts	6:30-7:30 pm
142224K	11/5-12/17	All four	6:30-7:30 pm

Residents can register for these classes online at:

www.troymi.gov/parksandreconline

beginning August 18 at 8 am;
more registration details on page 83.

Movement for You and Me

Join your child for this class filled with fun and adventure! During each session we will explore creative ways to exercise, movement to music, fun with bean bags, parachute time and more. This class is not only exciting but is great exercise, develops motor skills and gives your child time to socialize with other children as well as spend quality time with you. Come on in and join the fun!

Location: Troy Community Center

Session: Sept 15-Oct 23 (6 weeks)

Act #	Ages	Day	Time	Fee	Res Disc
142030A	2-3 ½	Tue	11-11:45 am	\$59	\$54
142030B	3-5	Fri	11:30 am-12:10 pm	\$59	\$54

Session: Oct 27-Dec 11 (6 weeks-no class 11/27)

142030E	2-3 ½	Tue	11-11:45 am	\$59	\$54
142030F	3-5	Fri	11:30 am-12:10 pm	\$59	\$54

Moovin' and Groovin' for Girls

This exciting class for girls explores creative exercise, movement to music, games, bean bag activities, parachute fun and more! Along with all of the other activities we will be using the balance beam and gymnastics mat. All activities are age appropriate. This class is a great way for your child to not only get the exercise they need but to develop gross motor skills and socialize with other children all while having fun!!

Location: Troy Community Center

Session: Sept 15-Oct 20 (6 weeks)

Act #	Ages	Day	Time	Fee	Res Disc
142030C	3-5	Tue	11:50 am-12:30 pm	\$59	\$54

Session: Oct 27-Dec 1 (6 weeks)

142030G	3-5	Tue	11:50 am-12:30 pm	\$59	\$54
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Jumpin' Jacks

This exciting class for boys explores creative exercise, movement to music, games, bean bag activities, parachute fun and more! Along with all of the other activities we will be using the balance beam and gymnastics mat. All activities are age appropriate. This class is a great way for your child to not only get the exercise they need but to develop gross motor skills and socialize with other children all while having fun!!

Location: Troy Community Center

Session: Sept 18-Oct 23 (6 weeks)

Act #	Ages	Day	Time	Fee	Res Disc
142030D	3-5	Fri	10:45-11:25 am	\$59	\$54

Session: Oct 30-Dec 11 (6 weeks-no class 11/27)

142030H	3-5	Fri	10:45-11:25 am	\$59	\$54
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Music with Ms. Melody

Musical Tots -- ages 2-3½ with parent

Music Makers -- ages 3½-5

Come and join Ms. Melody for a class filled with music, play and lots of fun! Each week we will play several different musical instruments as well as learning rhythm patterns and playing games with our instruments or to music. We will also be using bean bags, scarves and ribbons and at the end of class we will enjoy parachute time! You're sure to leave with a smile!

Location: Troy Community Center

Session: Sept 15-Oct 23 (6 weeks)

Act #	Class	Day	Time	Fee	Res Disc
142031A	Tots	Tue	12-12:40 pm	\$59	\$54
142031B	Makers	Tue	12:45-1:25 pm	\$59	\$54
142031C	Tots	Fri	11:30 am-12:10 pm	\$59	\$54
142031D	Makers	Fri	12:15-12:55 pm	\$59	\$54

Session: Oct 27-Dec 11 (6 weeks-no class 11/27)

Act #	Class	Day	Time	Fee	Res Disc
142031E	Tots	Tue	12-12:40 pm	\$59	\$54
142031F	Makers	Tue	12:45-1:25 pm	\$59	\$54
142031G	Tots	Fri	11:30 am-12:10 pm	\$59	\$54
142031H	Makers	Fri	12:15-12:55 pm	\$59	\$54



Advanced Robotics

Winter Workshop

In this workshop youngsters ages 7-12 will be building and taking home the Jungle Robot, an advanced level robot. Participants will work with gears, motors, a circuit board, and controllers. You'll also have time to build different robotic creatures and vehicles. Finish the workshop by testing your creation in sumo battles, tugs of war and distance timings. Participants need to bring a sack lunch each day.

Instructor: Sciencational Workshops for Kids, Inc. Staff

Location: Troy Community Center

Act#	Days	Dates	Time	Fee	Res Disc
142060A	M, Tu	Dec 21, 22	9 am-4:30 pm	\$154	\$149



Harry Potter

Travel On Platform Workshop

Youngsters ages 6-11, climb all aboard for lots of hands-on fun! Join in the escapades of Harry and his friends. Play quidditch, write with invisible ink, make an edible wand and brew potions to drink. Create and watch fantastic chemical reactions, experiment with colored sand and much more. Come join us where the magic of science, art and literature meet. Participants need to bring a sack lunch each day.

Instructor: Sciencational Workshops for Kids, Inc. Staff

Location: Troy Community Center

Act#	Days	Dates	Time	Fee	Res Disc
142060B	M, Tu	Dec 28, 29	9 am-4:30 pm	\$154	\$149

Youth Pottery

This class is for youngsters 6-13 and emphasizes creativity and enjoyment of handmade pottery. The projects range from functional ware to sculpture. Pottery wheel is available but limited to 1 or 2 turns per person. Various glazing techniques will be explored. Parents may create along side their child for an additional full cost fee, but adults may NOT attend alone. Class is limited to a small group of 12 or less to ensure quality personal attention. Tools and materials provided by instructor. Dress for mess and bring a hand towel to each class. Material fee of \$22 due to instructor first day of class. Pottery pick up date separate.

Instructor: Jeannette Pugliese

Weeks: 6

Location: Troy Community Center

Session I: Fall and Halloween themes.

Session II: Thanksgiving, winter and Christmas themes.

Act#	Day	Dates	Time	Fee	Res Disc
142222A	Tue	9/15-10/20	5-6:30 pm	\$78	\$73
142222B	Sat	9/19-10/24	11 am-12:30 pm	\$78	\$73
142222C	Tue	11/3-12/7	5-6:30 pm	\$78	\$73
142222D	Sat	11/7-12/19	11 am-12:30 pm	\$78	\$73*

*no class 11/28

Advanced Youth Pottery

Designed for the more advanced level pottery student, the projects will be more challenging. Class is limited to a small group of 12 or less to insure quality personal attention. Pottery wheel is available but limited to 1 or 2 turns per person. Various glazing techniques will be explored. Tools and materials provided by instructor. Dress for mess and bring a hand towel to each class. Material fee of \$22 due to instructor first day of class. Separate Pottery Pick up date. **Prerequisite:** each child MUST be 8-13 years and have taken 2 or more pottery classes from Jeannette here in Troy. Child must be of age by start of class.



Rebecca Schroeder designed her lighthouse in Spring '09 in the advanced pottery class.

Instructor: Jeannette Pugliese

Weeks: 6

Location: Troy Community Center

Act#	Day	Dates	Time	Fee	Res Disc
142222E	Mon	9/14-10/19	5-6:30 pm	\$78	\$73
142222F	Mon	11/2-12/7	5-6:30 pm	\$78	\$73

Boys and Girls Nights Out with Kids Empowered

Topic: Friend or Foe - I'm not going to be your friend if... today kids are using friendship as a tool to gain power, manipulate or hurt another child's relationships. Kids will learn what does it mean to be a true friend and what are behaviors that kids do that are not true friendship. Send two friends or many friends together so they can learn how to support each other.

Night includes craft, games, and a fitness activity. Bring a snack and reusable water bottle. Parent's session on growing a confident, friendly, and kind child with high emotional intelligence.

Location: Troy Community Center

Fee: \$31

Res Disc: \$26 (or 2 boys or girls from the same family, for the price of 1)

Parent: (Fee: \$13; Res Disc: \$11/each)

Act #	Gender	Day	Time	Ages
142500A	Girls	Fri, Oct 23	6-9 pm	6-8
142500B	Girls	Fri, Oct 23	6-9 pm	9-11
142500C	Boys	Fri, Oct 16	6-9 pm	6-8
142500D	Boys	Fri, Oct 16	6-9 pm	9-11
142500E	Parents	Girls nite	6:30-8:30 pm	n/a
142500F	Parents	Boys nite	6:30-8:30 pm	n/a



Sibling Teasing and Bullying

Sibling teasing and bullying can cause more harm than the teasing kid or bully at school. If you have siblings between the ages of 6-14 years send them together to learn what the impact of their everyday meanness can have and how they can make a different choice in how they treat or let their sibling treat them. Parents participate the last ½ hour.

Location: Troy Community Center

Fee: \$31 Res Disc: \$26

Act #	Day	Time	Ages
142500G	Sat, Nov 7	1-3 pm	6-14

Youth Amazing Art

This enjoyable and educational art class is for ages 6-13 years who likes to try a variety of things. Fun tactile project choices will range from fabric art, to wood crafts, bead and wire work, mixed media, painting, pottery projects and more. Class is limited to a small group of 12 or less to ensure quality personal attention. Dress for mess! Tools and materials provided by instructor. Material fee of \$18 due to instructor first day.

Instructor: Jeannette Pugliese

Weeks: 6

Location: Troy Community Center

Session I: Fall and Halloween themes.

Session II: Thanksgiving, winter and Christmas themes.

Act#	Day	Dates	Time	Fee	Res Disc
142223A	Mon	9/14-10/19	7-8 pm	\$66	\$61
142223B	Mon	11/2-12/7	7-8 pm	\$66	\$61

Dance Recital Classes with Premiere Plus

To show our appreciation we are again offering more classes with our version of BOGO! We have added more choices to the schedule. Payment for the second session is due the week of January 4, 2010. A \$25 late fee will be charged for late payments made beyond January 25, 2010. The program culminates with a recital scheduled for May 15, 2010 at Athens High School (dress rehearsal, May 14). Dancers must be registered for both sessions to participate in the recital.

Session I & II: September 14, 2009 - May 15, 2010

Location: Troy Community Center

Fees/Session: First session fees are due at time of registration.

- \$61 30 minutes classes (3 year old and all tap classes)
- \$71 40 minute classes
- \$81 60 minutes ½ hour tap, ½ hour jazz combo classes
- \$81 60 minute preschool combo (tap, jazz, ballet)
- \$81 60 minute intro to dance combo
- \$91 60 minutes Excell classes

BOGO Fees (same dancer; must register in person only):

- \$91 40 minute + 30 minute class
- \$101 40 minute + 40 minute class
- \$121 1 combo + 40 minute class
- \$121 1 Excell + ballet/lyrical class

ADDITIONAL COSTS: Dancers must purchase a costume selected by instructor. A non-refundable deposit of \$30 is due the week of November 2 with the balance due in early February.

Preschool Dance (PSD) - Bouncing, clapping, singing, skipping and making friends - imagine having all of this fun while learning to follow directions, taking turns and cooperating! Must be age listed by 9/1/09.

Intro to Dance (ITD) - Designed to be a fun-filled introduction to Ballet, Jazz, and stylized version of "Song and Dance" combinations.

Intro to Dance (ITD-Coda) - Intro to dance class for the deaf and CODA; 1 hour combo tap, jazz, ballet. Instructor proficient in sign language.

Funky Tap (TAP) - Broadway style syncopated rhythms, or the new "funky version" put to more current music selections, make this classic dance form fun for everyone. 30 minute classes.

Hip Hop Jazz (HHJ) - Energetic and challenging warm up, traditional turns, jumps, progressions and combinations and moving to isolation and "pop and lock" hip hop moves.

Ballet (BAL) - The foundation of all dance forms, focus on proper body placement, ballet terminology, barre and center floor theory.

Combo Classes (COM) - ½ hour of jazz and a ½ hour of tap, performing twice in recital.

EXCELL Jazz (XLJ) - Age and ability will determine final placement and instructors may make adjustments; for ages 10 thru teens with a minimum of 4 years hip hop jazz experience. 60 minutes.

Excell Lyrical Jazz/Ballet (XLB) - For ages 12 and older with a minimum of 4 years experience, this class offers emphasis on dance vocabulary, leaps, turns and artistic interpretation. 40 minutes.

Mondays:

Act #	Class/Age/Grade	Time	Instr	Fee/Res
142115A	PSD 3 yr	10 am	Robin	\$66/\$61
142115B	PSD 4-5 yrs	10:30 am	Robin	\$76/\$71
142115C	PSD 4-5 yrs	4 pm	Robin	\$76/\$71
142115D	ITD K-2nd	4:45 pm	Robin	\$76/\$71
142115E	COMBO 1st-3rd	5:30 pm	Robin	\$86/\$81
142115F	HHJ 3-6th	6:30 pm	Carol	\$76/\$71
142115G	TAP 3-6th	7:15 pm	Carol	\$66/\$61
142115H	HHJ 5th and up	7:45 pm	Carol	\$76/\$71
142115J	TAP 5th and up	8:30 pm	Carol	\$66/\$61

Tuesdays:

Act #	Class/Age/Grade	Time	Instr	Fee/Res
142116A	INT-coda 1st-3rd	4 pm	Stacey	\$86/\$81
142116B	BAL 2-4th	5:15 pm	Sue	\$76/\$71
142116C	HHJ 2-4th	6 pm	Sue	\$76/\$71
142116D	TAP 2nd-4th	6:45 pm	Sue	\$66/\$61
142116E	HHJ 4-6th	7:15 pm	Sue	\$76/\$71
142116F	HHJ 3rd-6th	8 pm	Sue	\$76/\$71

Wednesdays:

Act #	Class/Age/Grade	Time	Instr	Fee/Res
142117A	COM 4-5 yrs	5 pm	Carol	\$86/\$81
142117B	COM K-2nd	6 pm	Carol	\$86/\$81

Thursdays:

Act #	Class/Age/Grade	Time	Instr	Fee/Res
142118A	PSD 3 yr	10 am	Robin	\$66/\$61
142118B	COM 4-5 yrs	10:30 am	Robin	\$86/\$81
142118C	HHJ 2nd-4th	5 pm	Sue	\$76/\$71
142118D	INT K-2nd	5:45 pm	Sue	\$76/\$71
142118E	XLJ Teen	6:30 pm	Sue	\$96/\$91
142118F	XLB Teen	7:30 pm	Sue	\$76/\$71
142118G	Zumba Teen	8:15 pm	Sue	\$56/\$51

(Zumba is not a recital class, 6 weeks only; teen/parent can participate for additional fee.)

Saturdays:

Act #	Class/Age/Grade	Time	Instr	Fee/Res
142119A	PSD 4-5 yrs	10 am	Shannon	\$76/\$71
142119B	ITD K-2nd	10:45 am	Shannon	\$76/\$71
142119C	HHJ 1st-3rd	11:30 am	Shannon	\$76/\$71
142119D	TAP K-2nd	12:15 pm	Shannon	\$66/\$61

All classes: 16 students; 8 - min: Preschool 3's - max 12

Combo Classes: perform in two dances at recital.

Recital: May 15, 2010:

Show I will be Monday and Tuesday students. Show II will be Wednesday, Thursday and Saturday students. Tickets for reserved seating at the recital will cost approximately \$7-8 each. Sales for tickets will be held 3-4 weeks prior to performance date.



Home Alone Babysitting Class

This session is designed for youth ages 8-14 who babysit or are home alone for a period of time. Discussion will center around setting up a babysitting business, growth/development, taking care of infants/children, what to do in an emergency, and safety precautions when home alone. Certificate presented upon completion. Includes many hands-on activities. **Note:** Bring an infant-sized doll and blanket.

Location: Troy Community Center

Instructor: Lisa Lamerato-Lavolette (Preschool Cert.)

Act#	Day	Time	Fee	Res Disc
142057A	Tue, Oct 13	6:45-8:45 pm	\$23	\$21
142057B	Mon, Nov 23	6:45-8:45 pm	\$23	\$21

Parents Night Out at the Troy Community Center Saturdays, 5:30 - 9:30 pm

While mom and dad have an evening out, children 7-12 years old are invited to a "kids only" party at the Troy Community Center. The night consists of a pizza dinner, theme craft games, swimming and gym time. Adult to child ratio is 1:8. Parents must fill out information cards in order for the youngster to participate. Minimum number of 16, maximum: 30

Act #	Theme	Date	Fee	Res Disc
146880A	Back to School	Sat, Sept 12	\$18	\$16
146880B	Fall Fun	Sat, Oct 10	\$18	\$16
146880C	Thanksgiving	Sat, Nov 14	\$18	\$16
146880D	Holiday Season	Sat, Dec 12	\$18	\$16

Anyone Can Paint

For ages 16 and older. Join popular award-winning artist and television host Steve Wood as he shares his painting tips and techniques that will have you painting like an artist in the very first class. He demonstrates and paints right along with the class. An 11 x 14 completed painting will be accomplished by the end of the session. The painting will be a seascape with a large wave crashing onto rocks. Paint, brushes, canvas boards and all other supplies are included in the fee. Space is limited. Registration is required.

Location: Troy Community Center

Fee: \$30 **Res Disc:** \$25

Act #	Date	Time	Subject
145933E	Sept 10	1-3 pm	Hidden Falls
145933F	Sept 10	7-9 pm	Hidden Falls
145933G	Oct 8	1-3 pm	Path Through Woods
145933H	Oct 8	7-9 pm	Path Through Woods
145933I	Nov 12	1-3 pm	Mountains After Rain
145933J	Nov 12	7-9 pm	Mountains After Rain
145933K	Dec 10	1-3 pm	Paradise Beach
145933L	Dec 10	7-9 pm	Paradise Beach

Adult Pottery

This class is designed for ages 13 and older and emphasizes creativity and enjoyment of handmade pottery. The projects range from functional ware to sculpture. Pottery wheel is available but limited to 1 or 2 turns per person depending on class size. Various glazing techniques will be explored. Class is limited to a small group of 12 or less to ensure quality personal attention. Tools and materials provided by instructor. Dress for mess and bring a hand towel to each class. Material fee of \$30 due to instructor first day of class. Pottery pick up day separate.

Instructor: Jeannette Pugliese

Weeks: 6

Location: Troy Community Center

Act#	Day	Dates	Time	Fee	Res Disc
142221A	Tue	9/15-10/20	7-9:30 pm	\$114	\$109
142221B	Tue	11/3-12/7	7-9:30 pm	\$114	\$109



Youth Craft Workshops

Trick or Treat Bags (cloth): Students will be learning a variety of painting techniques and using a vast array of paints (including glow in the dark paints) to make these cloth trick or treat bags uniquely theirs. Dress for mess because these will be permanent paints! Additional embellishments will be available for those who wish to add them. Fee includes bag and supplies.

Christmas Ornament Making Workshops: Students will have opportunity to create several different ornaments of their choosing. Work stations around the room will have supplies for clay, glass ornament painting, bead and wire supplies plus many embellishment items, and other materials to create a vast array of personalized ornaments to give as gifts or keep for themselves. The kids will move to the tables of their interest. Dress for mess as some paints will be permanent.

Beanbag Snow People Soft Sculptures: Students will have a blast creating these bean bag filled soft sculptures of snowmen and snowwomen. Finished bean bag folks will be between 8-12 inches tall. They will become part of your family traditions and decorate the home for all the cold weather times for years to come. Kids can make them unique with hats, scarfs and facial expressions. Dress for mess.

Instructor: Jeannette Pugliese **Location:** Troy Community Center

Fee: \$21/child; **Res Disc:** \$19/child

Act #	Ages	Day/Dates	Project	Time
142230A	6-13	Mon, 10/26	Treat Bag	5-6:30 pm
142230B	6-13	Tue, 10/27	Treat Bag	5-6:30 pm
142230C	3 ½-6	Tue, 10/27	Treat Bag	10-10:45 am
142230D	3 ½-6	Fri, 10/30	Treat Bag	9:15-10 am
142230E	2 ½-5	Fri, 10/30	Treat Bag	10:15-11 am*
142230F	6-13	Mon, 12/21	Ornaments	5-6:30 pm
142230G	6-13	Tue, 12/22	Ornaments	5-6:30 pm
142230H	2 ½-5	Tue, 12/22	Ornaments	10-10:45 am*
142230J	6-13	Mon, 12/28	Sculptures	5-6:30 pm
142230K	6-13	Tue, 12/29	Sculptures	5-6:30 pm
142230L	2 ½-5	Tue, 12/29	Sculptures	10-10:45 am*

*class is with parent



Interior Design on a Budget

(Fast & Affordable fix-ups for your Home)

Need some professional advice for improving a room on a budget in time for the holidays or for helping your home to sell quicker? Learn about easy and low cost design tips to refresh your color schemes, hardware, window treatments, accessories, art work, lighting, counter tops, and seasonal decor. Experienced interior designer will share samples as well as ideas to help you update your decor so it's more attractive to you as well as potential buyers.

Julie Byrne, MFA, has spent more than fifteen years updating and renovating residential and commercial projects throughout metropolitan Detroit, and also teaches interior design classes with the College for Creative Studies. Her company, Julie Byrne Interiors, is a full service, turnkey design firm located in Birmingham.

Instructor: Julie Byrne, Julie Byrne Interiors

Location: Troy Community Center

Act#	Day	Dates	Time	Fee	Res Disc
141400A	Wed	10/7	7-9 pm	\$31	\$26

Planning Your Wedding from A to Z



You are cordially invited to join professional wedding planner Merritt Rosenthal as she helps you ease the stress and injects fun into planning your wedding.

Weddings 101

Congratulations on your wedding. Now what? Join Merritt for this introduction to wedding planning as she walks you through all of the steps on your way to a beautiful day.

Act #	Class	Date	Time	Fee	Res Disc
141300A	Weddings 101	Tue, Sept 15	7-9 pm	\$31	\$26

Weddings on a Budget

In this economy, every little bit helps. The class discussion will revolve around cost cutting tips and how to create a beautiful wedding on a budget without any of your guests knowing.

Location: Troy Community Center

Act #	Class	Date	Time	Fee	Res Disc
141300B	On a Budget	Thu, Oct 29	7-9 pm	\$31	\$26
141300C	Both classes	9/15 & 10/29	7-9 pm	\$57	\$47

Four Convenient Ways to Register:

1. Online @ www.troymi.gov/parksandreconline Aug 18 at 8 am
2. Mail in
3. Drop Off
4. Walk-in/non-resident: Aug 25 at 8 am

Troy Parks and Recreation
3179 Livernois Rd

Questions about registration call: 248.524.3484

Heartsaver Pediatric First Aid

We'll cover the management of illnesses and injuries in children from birth to age 18. Topics: what to do in the event of a medical emergency (such as an asthma attack, diabetic emergency, seizure, shock), a traumatic emergency (broken bone, sprain, bleeding, burn, head/spinal injury), and an environmental emergency (bee sting, poisoning, drowning). This interactive, hands-on class includes the American Heart Association (AHA) "Pediatric First Aid" student workbook and a CD containing supplemental information. A Pediatric First Aid Certification Card is issued for two years upon successful completion of the course. Ages 13 and older.

Location: Troy Community Center

Act#	Day	Time	Fee	Res Disc
142065A	Fri, Oct 16	9 am - 12 noon	\$51	\$46
142065B	Tue, Dec 1	6-9 pm	\$51	\$46

Heartsaver CPR and AED

For those who need CPR (cardiopulmonary resuscitation) certification for work (first responders, daycare workers, coaches, teachers, etc.) or personal use. Topics: adult, child, and infant CPR, how to use an AED (automated external defibrillator), and how to help a choking victim. This highly interactive, hands-on class includes the American Heart Association (AHA) "Heartsaver AED" student workbook and a CD containing supplemental information. A Heartsaver CPR Certification Card is issued for two years upon successful completion of the course. Ages 13 and older.

Location: Troy Community Center

Act#	Day	Time	Fee	Res Disc
142065C	Tue, Oct 6	5:30-9:30 pm	\$55	\$50
142065D	Fri, Nov 6	8:30 am-12:30 pm	\$55	\$50



50 + Women on Weights

Brought to you by Fitness RX, this class will increase functional fitness which fosters a better quality of life. Strength training improves bone density, diminishes arthritis pain, improves balance and helps prevent falls. Please bring a mat and light (5 lbs. suggested) hand weights. Weeks: 10 Drop-in fee is \$7.50 per class.

Location: Community Center.

Act#	Day	Time	Begins	Ends	Fee/Res
148992A	Thu	5:30-6:30 pm	Sep 17	Nov 12	\$54/\$49



Diabetes Prevention

Tuesday, October 13, 1 pm

Did you know that you can prevent Type 2 diabetes or prolong the years that you live diabetes free? Carolyn Jennings, certified diabetes educator and dietitian with the Michigan Diabetes Outreach Network, will share her Diabetes Prevention Program with you. The program focuses on lifestyle changes for prevention and management. She will discuss the risk factors for Type 2 diabetes, screening recommendations and healthy eating and activity for diabetes prevention. Registration necessary. Ask for Activity #145940A. **Location:** Troy Community Center